

WELCOME TO CALGARY


Nationals
Les Nationaux
CALGARY 2026



DOWNTOWN CALGARY HIGHLIGHTS

Walkable favourites near hotels, the venue, and river pathways.

SIT DOWN EAT & DRINK

Letty \$\$\$★🌱🍷

247 12 Ave SE

Seasonal restaurant serving Neopolitan-style pizzas and small plates.

National \$\$🌱🍷

341 10 Ave SW

550 17 Ave SW

Large, casual restaurant offering a broad menu of comfort favourites and shareable dishes in a lively, social setting.

Craft Beer Market \$\$\$★🌱🍷

345 10 Ave SW

Large casual restaurant with a diverse menu and spacious dining room.

CENTRAL Calgary Beltline \$\$★🌱🍷

224 12 Ave SW

Casual sit-down restaurant offering a broad menu suited for flexible group dining.

Charcut \$\$\$🌱🍷

899 Centre St S

Local hot spot featuring wood-fired cooking and globally inspired flavours.

Owens Landing \$\$★🌱🍷

308 4 Ave SW

Vibrant restaurant featuring a broad menu of classic dishes and crowd-pleasing options.

Milestones Grill & Bar \$\$\$★🌱🍷

107 8 Ave SE

Casual restaurant on Stephen Avenue offering a varied menu of familiar favourites.

King Eddy \$\$★🌱🍷

224 12 Ave SW

Historic Calgary venue offering dining, live music, and a lively atmosphere rooted in local culture.

Cactus Club Cafe \$\$\$🌱🍷

317 7th Ave SW

Upscale casual restaurant offering familiar West Coast-inspired dishes and a versatile menu suited for groups.

Barbarella Bar \$\$\$🌱🍷

240 8 Ave SW

Italian-inspired restaurant serving handmade pastas and shareable plates in a vibrant yet approachable space.

Comery Block BBQ \$\$

638 17 Ave SW

West Tennessee-style barbecue restaurant serving smoked meats and Southern comfort dishes in a casual setting.

Bridgette Bar \$\$\$🌱🍷

739 10 Ave SW

Contemporary restaurant serving shareable dishes with a focus on fresh, local ingredients.

JOEY Eau Claire \$\$\$🌱🍷

208 Barclay Parade

Polished casual restaurant serving a wide-ranging menu of globally inspired dishes in a modern dining environment.

Porch \$\$\$🌱🍷

730 17 Ave SW

Contemporary restaurant serving West Coast-inspired dishes and shareable plates in a light, welcoming space.

Earl's Kitchen & Bar \$\$\$🌱🍷

#315 8 Ave SW

#2401 4 St SW

Casual dining restaurant serving a diverse menu of contemporary favourites in a comfortable, approachable setting.

Kondattam Indian Kitchen & Bar \$\$\$★



224 12 Ave SW

Indian restaurant serving vibrant regional dishes with bold flavours and modern presentation.

ZCrew \$\$🌱

401 11 Ave SE

Casual cafe and brunch spot offering Korean-fusion comfort dishes, coffee, and a laid-back atmosphere.

South Block BBQ & Brewing Co. \$\$\$🍷

2437 4 St SW

North Carolina-inspired BBQ restaurant serving classic smoked meats and classic dishes in a casual, group-friendly setting.

GRAB & GO

Seed N Salt \$ 🌱 🍷

2008 4 St SW

Fresh bowls, salads, and smoothies focused on balance, health-forward ingredients.

Fork & Salad \$ 🌱 🍷

Unit 120, 880 16 Ave SW

Build-your-own salads, bowls & wraps offering quick, customizable meals.

UNA pizza + wine \$\$★ 🌱 🍷

618 17 Ave SW

Beloved Calgary spot serving thin-crust pizzas and shareable Italian-inspired plates.

Wise & Wright \$ 🌱 🍷

Unit 163, 317 7 Ave SW

Fast casual health food cafe with chef-inspired bowls, sandwiches, and more.

First Street Market Food Hall \$ 🌱 🍷

1327 1 St SW

Lively food hall featuring a variety of local vendors and flexible dining options.

Inglewood Drive-In \$

802 12 Street SE

Classic Calgary drive-in serving burgers, fries, and milkshakes in a casual setting.

Maisie Eatery \$ 🌱 🍷

632 13 Ave SE

Neighbourhood cafe offering coffee, breakfast and healthy lunch options.

The CORE Food Court \$ 🌱 🍷

324 8 Ave SW

Downtown food court with a wide selection of quick meal options.

The District at Beltline Food Hall \$ 🌱 🍷

227 11 Ave SW

Community hub and food hall featuring local vendors from popular restaurants.

COFFEE & SNACKS

Otie Bakehouse ★★ 🌱

1225 Macleod Trail SE

Artisan bakehouse offering pastries, sandwiches, coffee and teas.

Gravity Espresso & Wine Bar \$ 🌱

222 7 St SW

Neighbourhood cafe serving espresso drinks and light bites in a relaxed setting.

Analog Coffee \$ 🌱

740 17th Ave SW

1139 9th Ave SE

Specialty coffee shop offering expertly crafted espresso drinks and light snacks.

Alforno Bakery & Cafe \$ 🌱

222 7 St SW

Local bakery and cafe serving pastries, sandwiches, coffee and wine.

Rosso Coffee Roasters ★★ 🌱

103 17 Ave SW

Local coffee roaster known for quality beans and espresso drinks.

Phil & Sebastian ★★ 🌱

2207 4 St SW

618 Confluence Way SE

Classic diner serving all-day breakfast and comfort food in a bright, welcoming space.

Monogram Coffee \$ 🌱

420 2 St SW

Specialty cafe offering carefully roasted coffee in a relaxed setting.

Deville Coffee \$ 🌱

227 11 Ave SW

Downtown cafe serving coffee, teas, snacks & breakfast.

Purple Perk \$ 🌱

2212 4 St SW

Cozy neighbourhood cafe offering specialty coffee drinks and housemade snacks, baked goods and meals.

GROCERY

Sunterra Market \$-\$\$\$ 🌱 🍷

200 12 Ave SE

+15 level, 855 2 St SW

Urban market offering ready-made meals, bakery items, and fresh groceries.

Real Canadian Superstore \$-\$\$\$ 🌱 🍷

428 6 Ave SE

Large grocery store with a full range of food and household essentials.

Calgary Co-Op Midtown \$-\$\$\$ 🌱 🍷

1130 11 Ave SW

Community grocery store offering fresh foods and prepared meals.

Safeway \$-\$\$\$ 🌱 🍷

524 Elbow Dr SW

813 11 Ave SE

Full-service grocery store with fresh produce and ready-to-eat options.

H Mart Calgary Downtown \$-\$\$\$ 🌱 🍷

1308 1st St SE

International grocery store offering a wide selection of Asian foods, fresh produce, and prepared meal options.

Community Natural Foods \$-\$\$\$ 🌱 🍷

1304 10 Ave SW

Natural grocery store specializing in organic foods, fresh produce, and ready-to-eat meals.

★ EXPLORE MORE PASS PARTICIPANT \$-\$\$\$\$\$ PRICE RANGE 🌱 VEGETARIAN 🍷 GLUTEN FREE 🆓 FREE ATTRACTION 🍷 HAPPY HOUR



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THINGS TO DO

Calgary Central Library FREE

800 3 St SE

Architectural landmark offering reading spaces, public arts, and great views.

Studio Bell National Music Centre \$★

850 4 St SE

Interactive museum showcasing music in Canada through exhibits and hands-on experiences.

MNP Community & Sport Centre \$

67 Riverview Dr S E

Large recreation facility with pools, fitness spaces, and multi-sport amenities.

Calgary Tower \$★

101 9 Ave SW

Downtown landmark offering panoramic views of the city and surrounding area.

Prince's Island Park FREE

698 Eau Claire Ave SW

Riverside park with walking paths, open green space, and views of the Bow River.

Reader Rock Garden FREE

325 24 Ave SE

Landscaped garden featuring walking paths, viewpoints, and seasonal floral displays.

Contemporary Calgary \$

701 11 St SW

Public art gallery presenting rotating contemporary art exhibitions and programs.

Lindsay Park FREE

9950 Macleod Trl SE

Urban park along the Elbow River with pathways and open green space for walking and relaxing.

St. Patrick's Island FREE

1300 Zoo Rd NE

Urban island park with pathways, playground areas, and river access.

Devonian Gardens FREE

324 8 Ave SW (4th Floor)

Indoor botanical garden offering a quiet space to relax year-round.

The Confluence Historic Site

& Parkland ★ FREE

750 9 Avenue SE

Riverside historic site with walking paths and a visitor centre sharing the story of Calgary's beginnings.

Jack & Jean Leslie RiverWalk FREE

Access at 4 St SE & RiverWalk Plaza

Pedestrian river pathway connecting downtown parks, public spaces, and viewpoints.

Sam Centre \$★

632 13 Ave SE

Interactive centre showcasing the history of the Calgary Stampede and Calgary through immersive exhibits.

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PROMO CODE 2026VCNATIONALS

SHOPPING

CORE Shopping Centre \$-\$\$\$\$

324 8 Ave SW

Shopping destination with retail and dining options, with indoor access via the +15.

Bankers Hall \$-\$\$\$

315 8 Ave SW

Downtown retail complex featuring fashion stores, services, and a variety of options.

Steeling Home \$-\$\$

1010 17 Ave SW

Local gift shop featuring curated Canadian-made home goods and accessories.

Moonstone Creation \$-\$\$

1219 10 Ave SE

Family-run Cree First Nations art gallery & gift shop offering handcrafted goods, art, and creative pieces.

Alberta Boot Co. \$-\$\$\$

121 10 Ave SE

Calgary staple crafting custom western boots and leather goods, known for its heritage craftsmanship.

Smithbilt Hats \$-\$\$\$

914 11 St SE

Legendary hatmaker known for custom and classic western hats, including the Calgary White Hat.

Explore Calgary's Neighbourhood Shopping Streets

Visit [17th Avenue in the Beltline](#) and [9th Avenue in Inglewood](#) for local boutiques, cafes and dining spots.

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